Green Parrot Refill Price list

All food prices are per **100g**. All products are grown organically unless stated otherwise.

White basmati rice £0.50

Arborio rice £0.50

Long grain brown rice £0.35

Short grain brown rice £0.30

Couscous £0.35

Quinoa £0.55

Golden linseed £0.45

Brown Linseed (not org) £0.25

Pumpkin seeds £0.95

Sunflower seeds £0.40

Porridge oats £0.25

Jumbo oats £0.25

Bulgar Wheat £0.40

Raw cane sugar £0.35

Deluxe Muesli £0.50

Chickpeas £0.20

Brown lentils £0.30

Green lentils £0.30

Dark speckled lentils £0.55

Red lentils £0.35

Mung beans £0.40

Popcorn £0.45

Whole almonds £2.20

Whole brazils £2.50

Whole cashews £2.00

Whole hazelnuts £1.60

Walnut halves £1.40

Paleskin peanuts £0.70

Nut mix £1.70

Fairtrade dates £0.90

Figs £1.00

Raisins £0.60

Sultanas £0.55

Banana chips £0.75

Local walnuts £1.00

White penne £0.35

Wholewheat penne £0.35

White fusilli £0.35

Wholewheat fusilli £0.35

White spaghetti £0.35

Soya mince (not org) £0.35

Soya chunks (not org) £0.35

**Ecoleaf liquid refills**:

Laundry liquid £3.90/ltr

Toilet cleaner £2.40/ltr

Fabric conditioner £2.15/ltr

Washing up liquid £2.15/ltr

Multi surface cleaner £3.75/ltr

Hand soap £3.95/ltr

**Faith in Nature liquid refills**:

Shampoo £4.80/400ml

Conditioner £4.80/400ml

Shower gel £4.80/400ml

Hand wash £4.80/400ml